

Conference Accommodations & Directions

Reserve your stay at

Best Western Royal Plaza Hotel & Trade Center
181 Boston Post Road W, Route 20
Marlborough, MA 01752
(508) 460-0700
www.rplazahotels.com

DIRECTIONS

From the North

Take Route 495 South to Exit 24B onto Route 20 West. The Hotel entrance is located 1 mile west on the right hand side.

From the South:

Take Route 495 North to Exit 24B and onto Route 20 West. The Hotel entrance is located 1 mile west on the right hand side.

From the East:

Take Massachusetts Pike West (Route 90), then take Exit 11A and go to Route 495 North. Then take Exit 24B onto Route 20 West. The Hotel entrance is located 1 mile west on the right hand side.

From the West:

Take Massachusetts Pike East (I-90) to Exit 11A. Then take Route 495 North to Exit 24B onto Route 20 West. The Hotel entrance is located 1 mile west on the right hand side.

From Worcester:

Take Route 290 East to Exit 26A. Then take Route 495 South to Exit 24B and onto Route 20 West. The Hotel entrance is located 1 mile west on the right hand side.

From Logan International Airport, Boston:

Upon exiting Logan Airport, follow signs for the Massachusetts Turnpike West (I-90). Follow directions above From the East.

CONFERENCE AGENDA

8:45—9:00	Registration
9:15—9:30	Welcome The Health Foundation of Central Massachusetts & Toni Wolf, Executive Director, Employment Options
9:30—10:30	<i>Setting the Stage:</i> Dr. Joanne Nicholson, Professor of Psychiatry & Family Medicine, University of Massachusetts Medical School <i>Keynote Address:</i> Dr. Robert Lees, R.Psych, Trinity Western University, Vancouver, British Columbia

The Community Forum: Building community capacity to meet the needs of parents recovering from mental illness: Strategies for community engagement and systems change



KEYNOTE SPEAKER: Dr. Robert Lees, R.Psych

Dr. Rob Lees, registered psychologist, has been actively involved in promoting awareness of the needs of families where a parent is affected by mental illness. Rob began this journey when, as Director of a Mental Health Centre, he was approached by grandparents whose daughter suffered from mental illness. Their question; What are you doing for our grandchildren? This led to the development of 'Kids in Control', a psycho-educational group program. The program was named by children in the first group, who said that the group gave them knowledge that gave them a sense of control in their lives. Since then, Rob has chaired a Provincial (state-wide) working group on supporting families with parental mental illness. The group held numerous consultations that led to a manual for community education and development that is available on its website www.parentalmentalillness.org. Rob designed and led a research project on the outcomes of this process in 10 communities, from urban to rural. His group is interested in promoting policies, programs, practices and protocols that support families with parental mental illness. Currently, Rob oversees a contract for the implementation of Ulysses Agreements and has been instrumental in the development of a Ulysses training manual.

10:30—10:45 Break

10:45—12:00 **PANEL DISCUSSION**

Strategies for moving the agenda forward: transforming systems and care delivery to meet the needs of parents recovering from mental illness.

Facilitator: Dr. Joanne Nicholson, UMass Medical School
Panelists: Dr. Robert Lees, R.Psych, Trinity Western University;
Ted Kirousis, Area Director, Metro Suburban Dept of Mental Health;
Joan Mikula, Assistant Commissioner, Child/Adolescent Services, Department of Mental Health;
Melodie Peet, Deputy Commissioner, Policy, Planning & Programs, Department of Social Services;
Evelyn Mateo, parent, member, staff, Employment Options
12:00—1:00 Luncheon

Conference Agenda Continued Inside...



A MUST ATTEND FOR:

- Administrators and Providers
working with parents recovering from mental illness
- Parents
recovering from/supporting loved ones recovering from mental illness

April 11, 2008

9 a.m. — 5 p.m.
Best Western Royal Plaza
Marlborough, MA

CONFERENCE PRESENTED BY:



Where Results are Measured in Human Terms

In Partnership With



MADE POSSIBLE BY FUNDING FROM:



W o r k s h o p S e s s i o n I 1 : 0 0 — 2 : 1 5

<p>The Theory of Ulysses Agreements: PART I</p> <p>Presented by: Mark Littlefield, MA (Cand.), Director, Littlefield & Associates, British Columbia</p> <p>Participants will leave with a description of the Ulysses agreement process, an example of a completed document and a blank for people use. Understand successes & struggles with implementing this multi-disciplinary model of advance planning. Review how this form of practice realities to a continuum of care specifically how it dovetails with other collaborative practices such as WRAP, Wraparound, Care planning and alike.</p>	<p>Parenting with Success and Satisfaction</p> <p>Presented by: Peter C. van der Ende, Msc, Senior Researcher, Dept of Rehabilitation, Hanze University Groningen, the Netherlands</p> <p>Participants will hear about the need for support for parents with mental illness in the Netherlands. Learn about a research based program designed to address these needs. Participate in exercises that demonstrate effective techniques used in this program to support the efforts of parents with mental illness to understand and respond to the needs of their children.</p>	<p>Wraparound in Children's Systems of Care</p> <p>Presented by: Communities of Care: Toni DuBrino, MA, Director of Family Involvement; J. Anthony Irsfeld, PhD, Clinical Director</p> <p>A workshop for anyone working with families, and interested in improving their ability to collaborate with families to create a context for positive change. Overview of basic program components including: family engagement, strength-based assessment, & team building. Particular attention to the centerpiece of the process: the Collaborative Planning Team Meeting.</p>	<p>Parenting is Life (Giving) Work: The Family Options Program</p> <p>Presented By: Employment Options: Chip Wilder, LICSW, Director; Nathan Hand, Family Coach; Evelyn Mateo, Parent</p> <p>This workshop will review all aspects of this innovative program which focuses on understanding and responding to recovery as a family experience. Participants will hear about the parental experience, principle concepts, and the program delivery process as experienced by staff that partner with parents and their families everyday.</p>
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W o r k s h o p S e s s i o n I I 2 : 3 0 — 3 : 4 5

<p>The Practice of Ulysses Agreements: PART II</p> <p>Presented By: Mark Littlefield, MA (Cand.), Director, Littlefield & Associates, British Columbia</p> <p>This workshop provides an opportunity for participants to experience the development of a Ulysses Agreement through role play of a scenario. A comprehensive review on completion of the scenario, will provide learners an opportunity to learn and share experiences and get a clear understanding and awareness of the relationship and familial challenges associated with this collaborative practice.</p>	<p>Understanding the Needs & Experiences of Young Adult Parents: Clinical, Systems, & Personal Perspectives: Panel Discussion</p> <p>Moderated by: Chip Wilder, LICSW (Director, Family Options) Panelists: Nandini Talwar, MD (Child Psychiatry Consultant to the Dept of Mental Health, Psychiatrist, Tufts Univ. Health Service); Jack Rowe (Director of Child & Adolescent Services, Metro Suburban Office, Dept. of Mental Health); April Middleton (parent & college student)</p>	<p>What You Need to Know about Supporting Parents with Psychiatric Disabilities</p> <p>Presented By: Katy Kaplan, M.S.Ed. Coordinator, UPENN Collaborative on Community Integration of Individuals w/ Psychiatric Disabilities</p> <p>This presentation will: review easy-to-implement strategies mental health service providers can use to support parents with psychiatric disabilities; discuss steps to develop formal parenting supports, incl. resources needed for successful program implementation; present suggestions on how to secure funding & partnerships to sustain parenting initiatives.</p>	<p>Overcoming Legal Barriers to Parenting: Clubhouse Family Legal Support Project</p> <p>Presented By: Kate Nemens, Staff Attorney, Employment Options</p> <p>Participants will learn about the barriers parents recovering from mental illness face in their legal case, strategies for supporting parents and systems change, and the outcomes for parents represented by the Project. An insightful workshop for parents, clubhouse members and staff, clinicians, service providers, & anyone interested in how parents recovering from mental illness can approach the legal system in family law matters.</p>
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Scholarship Opportunities Available for Parents  For more information contact 508-485-5051 x 245 or www.employmentoptions.org/conference



Conference Registration

Register for \$135/participant;
 \$110/2nd+ participants from same agency

Name _____

Title _____

Organization _____

Address _____

Phone _____ Email _____

Sign me up for the following workshops:

Workshop Session I : 1:00—2:15PM Workshop Session II : 2:30—3:45PM

The Ulysses Project—Part I The Ulysses Project—Part II

Parenting With Success & Satisfaction Young Adult Parents: Panel Discussion

Wraparound in Children's Systems Parenting with MI: Program & Services

Family Options Program Clubhouse Family Legal Support

Name of Additional Staff _____

Title _____

Phone _____ Email _____

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Family Options Program Clubhouse Family Legal Support

To add more staff, please attach another sheet with additional staff information

Mail registration form with payment to:
 Winds of Change; Employment Options; 82 Brigham Street; Marlboro, MA 01752

Credit Card registrations accepted at
www.employmentoptions.org/conference